

MILK/HONEY

BREAKFAST

7 A M - 11:30 A M

CEREALS & FRUIT

Cereal Bowls 8.5
cornflakes / cocoa pops / weet bix with milk

House Muesli 12
house made toasted muesli, cinnamon roasted apples, yoghurt

Bircher Bowl 14.5
m/h vegan bircher, spiced poached pear, toasted almonds & cranberries

Roasted Apples 10
cinnamon roasted apples, yoghurt, toasted coconut

TOASTS & TOPPINGS

Toast &.... 7.5
two toasted pieces of house baked sourdough or fancy brown bread with (choose one) jam / marmalade / nutella / pic's peanut butter / marmite / arataki honey

extra spread +0.5
extra toast +2.5

Banana Bread 5
m/h banana bread with yum yum butter

EGGS & STUFF

Eggs on Toast 10
two eggs poached / scrambled / fried with house baked sourdough toast or fancy brown toast

Cooked Breakfast 21
cooked breakfast - two eggs poached / scrambled / fried with house baked sourdough toast or fancy brown toast with streaky bacon, m/h pork & fennel sausage, roasted tomato, creamy Te Mata mushrooms
add two hash browns +5

OMELETTES

Ham & Cheese 19
ham, caramelized onion, cheddar cheese omelette with house baked sourdough toast or fancy brown toast

Asian Mushroom 19
shitake mushrooms, spinach, sesame & hoisin omelette with house baked sourdough toast or fancy brown toast

SOMETHING A BIT DIFFERENT

Hot Waffles 16.5
hot waffles, apricot compote, strawberry mascarpone, fresh strawberry & mint salad, almonds
add bacon +7

Bao Bacon Butty 9
Milk & Honey steamed bun bacon butty
add an egg +2.5

Mushrooms on Toast 18

creamy Te Mata mushrooms on grilled house baked sourdough
swap toast for hash browns +2.5
add an egg +2.5

Hummus Flatbread 17

Hot grilled house baked flatbread folded and filled with homemade hummus, zaatar, labne, pesto, cucumber, tomato
add smoked salmon +8.5

Corn Fritters 14

sweet corn, lemon & feta fritters with lemon & cardamom sour cream
add bacon +7

Salmon Kedgeree 20

Smoked salmon kedgeree, spiced rice, kasundi, coriander, fried egg
add another egg +2.5

SIDES

yoghurt 4
roasted apple 5
roasted tomato 4
creamy Te Mata mushrooms 5
wilted spinach 5.5
m/h pork & fennel sausage x 3 (m/h specialty!) 6
streaky bacon 7
smoked salmon 8.50
hash browns 5
single hash brown 3.5
gochujang glazed bacon 8.5 (m/h specialty!)

PLEASE NOTE EXTRAS CAN BE ADDED TO DISHES BUT NOT SWAPPED OUT AS SUBSTITUES

OUR TOAST IS BUTTERED UNLESS REQUESTED

PLEASE INFORM US OF ANY ALLERGIES

MILK/HONEY

BREAKFAST

7 A M - 1 1 : 3 0 A M

HAWTHORNE ESPRESSO

double shots from havelock north	
espresso	3
macchiato	3.5
long black	3.5
flat white	4
latte	4.5
cappuccino	4.5
iced coffee (ice, milk, coffee)	4.5
extra shot / alt milk / cream	0.5

MILK & HONEY SPECIALTIES

house-made chocolate milk	5
house made chai latte	4.5
house made turmeric latte	4.5
liquid bounty	5

OTHER HOTTIES

House-made hot chocolate	4.5
from-scratch	
lemon, honey & ginger	5.2
big fluffy	1.3

HOMEGROWN JUICES

orange	
grapefruit	
tomato	
apple	
cranberry	
pineapple	all 5

HOMEGROWN SMOOTHIES

feijoa	
berry	
spirulina	5.5

MORE JUICES

first press rose juice (non alc)	6
first press pinot gris juice (non alc)	6
coaqua coconut water	6.5

PICK-ME-UP

gancia prosecco	11
breakfast bourbon	14.5
classic bloody mary	12
panhead blacktop oatmeal stout	8.5

FIZZY & DRY

fever tree tonic water	
ginger ale	4
hopt salted lychee	
hopt pear & basil	
watermelon & mint	4.5

FIZZY & SWEET

aroa quince & lime	
feijoa	
rhubarb	5
all good	
blackcurrant	
blood orange	4.5

foxton fizz raspberry	4.5
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l&p	4.5
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lemon lime & bitters / lime & soda	4.2
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coca cola / coke zero / sprite	4
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FINE & DANDY

ORGANIC FAIRTRADE TEA	4
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english breakfast

earl grey

green

peppermint

lemongrass, ginger & kawakawa

Indian spiced chai

T LEAF TEA

4

black

darjeeling

sweet lemon

lapsang souchong

green

tokyo lime / jasmine dragon pearls

white

silver needle / white peony

rooibos

red vanilla raspberry / green peach

tisanes

chamomile

rose buds

orchard fruits

strawberry kiwi

DRINKS AND SWEETS ALL DAY
INFORM US OF ANY ALLERGIES

GRAM OR FB @THEMILKANDHONEY
TAG US #THEMILKANDHONEY